



Our Lady of Lourdes Assembly 2143



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October 2009

FAITHFUL NAVIGATOR'S MESSAGE

Brothers,

I hope that you will make meetings on the first Monday of each month. We are proposing By Law changes as follows, but not limited to:

- Meeting will begin at 7:30PM; Officers will meet at 7:00PM
- Summer wear will Begin the First Meeting in May and will End the First Meeting in September.

I am very happy to be your Faithful Navigator once again and as in the past, I promise that our meetings will be short and on time, followed by light snacks or sandwiches. This Assembly cannot survive without YOU and NEW members. You are the key to a good working Assembly. We, the Officers, need input from you on what you would like to see happen such as trips and other forms of entertainment. Without knowing what you would like to do, we will never be accomplished. I would like to see several trips to shows and dinners in Atlantic City maybe on a Saturday or Sunday afternoon, but would it be supported?

On the other hand I would love to hear from you on why you are not making the Assembly meetings. If it is something I can correct, it will be done! This year, we have a Great Staff of Officers willing to work for you.

As we enter autumn with all the beauty that surrounds us, let us give thanks to God for all we have. Let's pay attention to the trees, flowers and wild life as God's gifts to us. Finally give thanks for our families, those who we love and recognize that are also God's gifts to us.

May Almighty God bless you and your family. May God protect you and yours, now and forever. Please keep Sir Knight Bryan Dickerson in your prayers during his tour in Iraq.

Yours in Christ, Deacon Vince Ricciardi, Faithful Navigator

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Assembly Schedule
Meetings 8 P.M.]
October 5, 2009
November 2, 2009
December 7, 2009

From the Desk of Deacon Vince

Being Fully Present

When we are fully present, we offer our whole selves to whatever it is that we are doing. Our attention, our integrity, and our energy are all focused in the moment and on the task at hand. This is a powerful experience, and when we are in this state, we feel completely alive and invigorated. This kind of aliveness comes easily when we are absorbed in work or play that we love, but it is available to us in every moment, and we can learn to summon it regardless of what we are doing. Even tasks or jobs we don't enjoy can become infused with the light of being present. The more present we are, the more meaningful our entire lives become.

Next time you find yourself fully engaged in the moment, whether you are making art, trying to solve an interesting puzzle, or talking to your best friend, you may want to take a moment to notice how you feel. You may observe that you are not thinking about what you need to do next, your body feels like it's pleasantly humming, or your brain feels tingly. As you enjoy the feeling of being located entirely in the present moment, you can inform yourself that you may try to recall this feeling later. You might try this while driving home or getting ready for bed, allowing yourself to be just as engaged in that experience as you were in the earlier one.

The more we draw ourselves into the present moment, the more we honor the gift of our lives, and the more we honor the people around us. When we are fully present, we give and receive aliveness in equal measure. For today, try to be fully present in your daily activities and watch a new reality open for you.

The more we come to realize that yesterday is in the past and that there is nothing we can do to change it, the more we will enjoy the day. Tomorrow has not happened and may never come so why worry about something that is not here yet. We need to live in the moment to fully enjoy the life we have been given.

Since we are to live for today, have you told the people close to you, "I love you?" We often forget or feel funny about telling someone those three little words, "I love you". Are you aware that those three small words carry such a large value to them? Tell someone today and watch their face, their expression and their body language. You will be surprised how much of an impact you will have on their day.

Yours in Christ, Deacon Vince Ricciardi

Faithful Officers

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Faithful Comptrollers Message

Brothers,

As another year comes to a close, we also come to another Exemplification of the Fourth Degree. This year, Brother Ronald Bond of Council 7926 will be joining our Assembly on November 8 at the Eatontown Sheraton. We will be trying to hold an Assembly Dinner on Saturday, November 7 at the hotel, as a welcome to Brother Ronald. Ron is a member of St Martha Council, and is always there to help when an event is being held. Not a Communion breakfast goes by that Ron isn't there helping in the kitchen, serving and cleaning up afterward.

Once again, we will be sharing a Hospitality Room with the McFaul Assembly from Monmouth County. Also joining us will be St Joseph's Assembly. All three Assembly's are doing this for a couple of reasons. First of which is a show of support for each other as Brother Sir Knights. Secondly, with only a few candidates each, we will be entertaining each other. Lastly, we will all be saving some much needed money by sharing the cost of the weekend.

Our Assembly has blocked out some hotel rooms and we would love to see you there to welcome Brother Ron. Hopefully, we will also be bringing in some other candidates at the Degree. Please come and support the Assembly and our new Brother Sir Knights.

Shortly, I will begin mailing dues notices to the Membership. Please try to remit your dues as soon as possible. We have some obligations to attend to and need these funds to take care of them.

We are also going to look into running some fundraising trips this year, your input is needed so we know what you would like to see us do.

Vivat Jesus,

John A. Gazis, PFN

Faithful Comptroller

COLOR CORPS COMMANDERS REPORT

Sir Knights,

On Sunday, October 11, we will be marching in the Annual Ocean County Columbus Day Parade, celebrating the founding of our Continent by explorer Christopher Columbus. Please come march with us, or stand on the sidewalks of Seaside Hts. Cheering as the marchers pass by. Come show you pride in being a member of the greatest Fraternal Order in the world.

Also, as mentioned earlier, come join us as we welcome new brother Sir Knights into the 4th Degree on November 8 at the Sheraton Hotel in Eatontown. Remember, to observe the Degree, you must be in tuxedo, and you must be wearing your Social Baldric.

John A. Gazis, PFN, Color Corps Commander

WARRENS WORLD

Potatoes

Well, A Girl Potato and Boy Potato had eyes for each other, And finally they got married, and had a little sweet potato, which they called 'Yam.'

Of course, they wanted the best for Yam.

When it was time, they told her about the facts of life. They warned her about going out and getting half-baked, so she wouldn't get accidentally mashed, and get a bad name for herself like 'Hot Potato,' and end up with a bunch of Tater Tots.

Yam said not to worry, no Spud would get her into the sack and Make a rotten potato out of her! But on the other hand she wouldn't stay home and become a Couch Potato either. She would get plenty of exercise so as not to be skinny like her Shoestring Cousins.

When she went off to Europe, Mr. And Mrs. Potato told Yam to watch out for the hard-boiled guys from Ireland . And the greasy guys from France called the French Fries. And when she went out West to watch out for the Indians so she wouldn't get scalloped.

Yam said she would stay on the straight and narrow and wouldn't associate with those high class Yukon Golds, or the ones from the other Side of the tracks who advertise their trade on all the trucks that say, 'Frito Lay.

Mr. And Mrs. Potato sent Yam to! Idaho P.U. (that's Potato University) so that when she graduated she'd really be in the Chips. But in spite of all they did for her, one-day Yam came home and announced she was going to marry Tom Brokaw. Tom Brokaw!

Mr and Mrs. Potato were very upset. They told Yam she couldn't possibly marry Tom Brokaw because he's just.....

Are you ready for this?

Are you sure?

OK Here it is:

He's a CommonTater

October 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				<u>Oct 1</u>	<u>2</u>	<u>3</u>
<u>4</u>	<u>5</u> Assembly Meeting	<u>6</u> Council 8415 Meeting	<u>7</u> Council 11527 Meeting	<u>8</u> A.C. Bus Trip ~ Harrah's Council 7926 Meeting	<u>9</u>	<u>10</u> Italianfest Dinner at 7926
<u>11</u> Columbus Day Parade – Seaside Hts.	<u>12</u> Columbus Day Ocean County Chapter Meeting	<u>13</u>	<u>14</u>	<u>15</u>	<u>16</u>	<u>17</u> Children’s Halloween Party
<u>18</u> Breakfast 7926	<u>19</u>	<u>20</u>	<u>21</u>	<u>22</u> A.C. Bus Trip ~ Taj Mahal	<u>23</u>	<u>24</u>
<u>25</u>	<u>26</u>	<u>27</u>	<u>28</u>	<u>29</u>	<u>30</u>	<u>31</u> Halloween

November 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Nov 1	2 Assembly 2143 Meeting	3 Council 8415 Meeting	4 Council 8160 Meeting	5 A.C. Bus Trip ~ Marina	6	7
8 Family Breakfast ~ 7926 4th Degree Exemplification	9 Ocean County Chapter Meeting	10	11 Veterans Day Council	12 Council 7926 Meeting	13	14
15	16	17	18	19 A.C. Bus Trip ~ Taj Mahal	20	21
22	23	24	25	26 <i>Thanksgiving</i> Dinner at St. Martha Church	27	28
29	30					